

# IMPROVING YOUR MI PHONE CONVERSATION SKILLS

## Starts May 11, 2020

### Course Description:

The Northwest ATTC is providing individualized Motivational Interviewing coaching to Idaho Substance Use Disorder treatment providers that have switched to telehealth services. The goal is to help practitioners improve their MI skills while conducting telephone or virtual conversations. The audience for this MI coaching opportunity are practitioners and staff that have completed Introduction and Advanced MI training.

Practitioners can sign up for a single or multiple 30-minute Zoom coaching sessions. These sessions are individualized to meet the MI training needs of each person. Learning objectives include:

- Increase your confidence in providing MI via telephone or a virtual setting
- Receive coaching that matches your experience and skill level
- Gain skills and practice strategies to lower client discord and improve engagement
- Become more skilled at capitalizing on client's limited time to make health decisions
- Identify post coaching learning objectives

### Course Info:

Coaching sessions May 11 through June 30	Up to 4 individual coaching sessions per participant
Sessions conducted via Zoom	Registration open until May 25
Sessions are 30 minutes each	Free to attend

**Register Here:** <https://www.surveymonkey.com/r/MITelehealthCoaching>

**Prerequisite: Minimum of 12 hours of previous Motivational Interviewing training within the last two-years**

### Coaches:

- Verna Burden, MS RD has been training and coaching a wide variety of professionals in Motivational Interviewing since 2006. One of her favorite things about individual MI coaching is witnessing how there is no one way to use these principles and strategies.
- K. Michelle Peavy, PhD is a licensed clinical psychologist, and a certified Master Addiction Counselor (MAC). Dr. Peavy has extensive training and experience using Motivational Interviewing in VA, Opioid Treatment Program, college counseling center and private practice settings.
- Annie Roepke, Ph.D., is a licensed clinical psychologist based in Seattle, WA. Annie provides psychotherapy services in a private practice. Annie also provides training and consulting to people in the "helping professions" on topics including Motivational Interviewing, cognitive-behavioral therapy, and resilience, and she is a member of the international Motivational Interviewing Network of Trainers.

### Contact:

**Questions?** Contact us at: [djeff@uw.edu](mailto:djeff@uw.edu)  
<http://attcnetwork.org/northwest>



Northwest (HHS Region 10)

**ATTC**

Addiction Technology Transfer Center Network  
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